



GREEN PARROT

RESTAURANT

MENU

BREAKFAST 8:00 – 10:00 AM

CLASSIC BB SET 2,300

Omelette, toasts, jam, butter, fruits, tea or local coffee

POTATO WEDGES SET 3,200

Potato wedges, choice of eggs, Vegetable salad, Sri Lankan pancakes with coconut and kithul honey, tea or local coffee

SRI LANKAN 3,100

FUSION SET ★

Choice of eggs, Coconut sambol, Gottukola sambol, Coconut rotti, Homemade Jam, Fruits, Tea or local coffee

***VEGAN AND GF OPTION
AVAILABLE FOR EACH SET**

ALL DAY BREAKFAST

BREKKIE SANDWICH 1,500

roast paan (village bread), egg, fresh vegetables, greens

TUNA SANDWICH 1,900

roast paan (village bread), tuna, fresh vegetables, greens

CURD GRANOLA BOWL 1,800

signature Tangalle buffalo curd, homemade granola, seasonal fruits

SMOOTHIE BOWL ★ 1,800

seasonal fruits nice cream, homemade granola, coconut, chia seeds

HOT BEVERAGE

POT OF LOCAL COFFEE 600

POT OF BLACK CEYLON TEA 600

POT OF BLACK TEA 800

HOME BLEND ★

choice of ginger
or cinnamon
or lime and coconut treacle

HAUSBRANDT COFFEE (ITALY)

ESPRESSO 700

AMERICANO 700

CAPPUCCINO 900

LATTE 900



GREEN PARROT

SOUP & SALAD

GREEK DE CEYLON

1,600

potato, tomato, cucumber, onion, feta, olive oil, herbs and spices

AVO MEETS MANGO ★ 1,700

mango, avocado, onion, tomato, coriander, feta, olive oil

PUMPKIN SOUP ★

1,200

pumpkin cream with sprinkle of coconut milk

CHICKEN SOUP

1,400

chicken, vegetables, noodles

LUNCH AND DINNER

12:00 PM – 10:00 PM (LAST ORDER 9:00 PM)

GRILLED MENU SERVED WITH CHOICE OF HOMEMADE DIPS AND FRESH OR GRILLED VEGGIES ON SIDE

WHOLE FISH ★

2,300

catch of the day, clarify with the restaurant crew

CALAMARI ★

2,300

TIGER PRAWNS

2,300

FISH FILLET

2,400

catch of the day, clarify with the restaurant crew

JUMBO PRAWNS ★

2,900

LOBSTERS

price of the day

(1 day pre-order)

CHICKEN FILLET

2,300

COCONUT TOFU (VEGAN, GF)

1,800

tofu slices coated with coconut flour, served with homemade sweet and sour soy sauce dip

VEGAN DUMPLINGS

1,900

potato and mushroom filling, served with spiced soya sauce dip

SIDES

GOLDEN RICE

500

fragrant rice with garlic, butter, rosemary, and turmeric

VILLAGE WEDGES ★

700

potato wedges seasoned with rosemary, garlic, and Ceylon black pepper

FRENCH FRIES

800

PESTO PASTA ★

900

choice of pasta with Ceylon special pesto sauce. *contains nuts



GREEN PARROT

SRI LANKAN CORNER

RICE & CURRY (3 HOURS PRE-ORDER)

SERVED WITH STEAMED RICE AND SLOW COOKED
IN COCONUT MILK LOCAL VEGETABLES

VEG seasonal local vegetables	2,800	CHICKEN spicy red curry	3,200
PRAWNS ★ coriander leaves green curry	3,400	FISH kiri hodi white curry	3,100

FRIED RICE

BASED ON BASMATI OR KIRI SAMBA LOCAL RICE, FRIED
WITH VEGETABLES AND CEYLON SPICES

VEG	1,900	CHICKEN ★	2,300
EGG	2,100	SEAFOOD ★	2,500

KOTTU ROTTI

LOCAL FLAT BREAD, CHOPPED AND MIXED WITH
VEGETABLES AND SPICED GRAVY

VEG	1,900	CHICKEN	2,300
EGG	2,100	SEAFOOD	2,500

DESSERT

SMOOTHIE BOWL ★ seasonal fruits nice cream, homemade granola, coconut, chia seeds	1,800	BANANA BREAD ★ sponge cake infused with cinnamon powder, served with peanut sauce	900
SRI LANKAN PANCAKES crepes with scraped coconut and jaggery filling, served with peanut sauce	900	NAPOLEWAN ceylonese version of custard cream puff	900
		ICE CREAM 3 scoops topped with cereals and nuts and homemade topping; coconut syrup or tropical fruit jam	800



GREEN PARROT

BEVERAGE

FRESHLY SQUEEZED AND MIXED

BANANA & PEANUT	700	PINEAPPLE & ★	900
KING COCONUT	600	COCONUT MILK	
AVOCADO LASSI ★	900	MANGO &	800
PAPAYA & LIME	700	PASSION FRUIT ★	

SOFT DRINKS

COLA/FANTA/SPRITE	300	COKE ZERO	500
SODA	300	WATER BOTTLE	300

HOMEMADE CLASSIC CEYLON ICE TEA (GREEN/BLACK) ★ 700
tea, mint, lime, treacle

COCKTAILS

CLASSIC MOJITO white rum / simple syrup / lime juice / brown sugar / soda	2,200	CUBA LIBRE white rum / lime juice / coca cola	1,900
CAIPIRINHA white rum / lime quarter / crushed ice	1,900	LANKA LIBRE red rum / lime juice / coca cola	1,900
DAIQUIRI white rum / lime juice / simple syrup / brown sugar	2,300	GIN FIZZ Dry gin / lime juice / cucumber / sprite	2,800
PINA COLADA pineapple / coconut milk / lime juice / simple syrup	2,700	ARRACK SOUR egg white / arrack / lime juice / simple syrup	2,100

WINE & BEER

WHITE / RED WINE		PROSECCO BOTTLE	9,500
GLASS	2,500		
BOTTLE	9,000		
LION LAGER BEER	700		